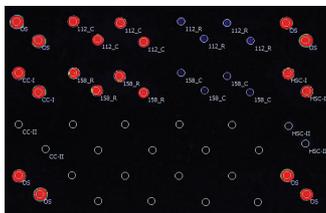




## EUROArray APOE Direct



- Determination of the APOE gene variants  $\epsilon 2$ ,  $\epsilon 3$  and  $\epsilon 4$  in one test
- Highly reliable results owing to numerous integrated controls
- Direct use of EDTA blood: no separate DNA isolation required

### Technical data

<b>Substrate</b>	Single-stranded DNA probes, length: 20 to 50 nucleotides
<b>Test procedure</b>	DNA extraction / PCR (approx. 60 min) / hybridisation (60 min) / fully automated evaluation; total working time approx. 2min per sample incl. DNA extraction with the direct method (with 40 samples per run)
<b>Reagents</b>	Ready for use
<b>Controls</b>	DNA-negative control and other integrated controls
<b>CE IVD label</b>	Complete process incl. DNA extraction is validated
<b>Test kit format</b>	5, 10 or 20 slides, each containing 5 test fields, or 8 slides each containing 3 test fields
<b>Order no.</b>	<b>MN 5710-0505-V, -1005-V, -2005-V, -0803-V</b>

### Clinical significance

The EUROArray APOE Direct is designed for the molecular genetic determination of the APOE alleles  $\epsilon 2$ ,  $\epsilon 3$  and  $\epsilon 4$ , especially within the framework of differential diagnosis and/or early identification of late-onset sporadic Alzheimer's disease and type III hyperlipoproteinemia. Moreover, arteriosclerosis and other vascular diseases (coronary heart disease, stroke) are associated with the presence of particular APOE alleles. Apolipoprotein E (ApoE) also plays an important role in lipometabolism, coagulation, the immune defense, and the protection from oxidation processes. ApoE binds to the amyloid- $\beta$  peptid, which plays a central role in neurodegeneration in Alzheimer patients. The three different APOE alleles  $\epsilon 2$ ,  $\epsilon 3$  and  $\epsilon 4$  result in three different isoforms of the ApoE protein (E2, E3 and E4), whose amino acids differ at positions 112 and 158 as described below: E2: cysteine - cysteine; E3: cysteine - arginine; E4: arginine - arginine.

The  $\epsilon 4$  allele occurs in Alzheimer patients approximately 3 times as often as in the normal population (36.7% vs. 13.7%), whereas the  $\epsilon 2$  allele occurs more seldom than in the normal population (3.9% vs. 8.4%). Correspondingly, carriers of the APOE- $\epsilon 4$  allele have a higher risk of developing Alzheimer's disease, while the  $\epsilon 2$  allele is associated to a lower risk.

Relative risk of developing Alzheimer's disease in comparison to  $\epsilon 3/\epsilon 3$  carriers:

$\epsilon 2/\epsilon 2$	$\epsilon 2/\epsilon 3$	$\epsilon 2/\epsilon 4$	$\epsilon 3/\epsilon 3$	$\epsilon 3/\epsilon 4$	$\epsilon 4/\epsilon 4$
<0.1fold	<0.1fold	<2fold	<1fold	<3fold	<5-8fold

In families with a history of late-onset sporadic Alzheimer's disease, the risk of developing the disease and the average start of the disease depend strongly on the  $\epsilon 4$  gene dose. 20% and 84 years for non- $\epsilon 4$ -carriers, 47% and 76 years for heterozygous and 91% and 68 years for homozygous carriers of the  $\epsilon 4$  allele. Alongside its diagnostic significance, the determination of the APOE alleles is gaining more and more pharmacogenetic importance in the development of new Alzheimer medications.

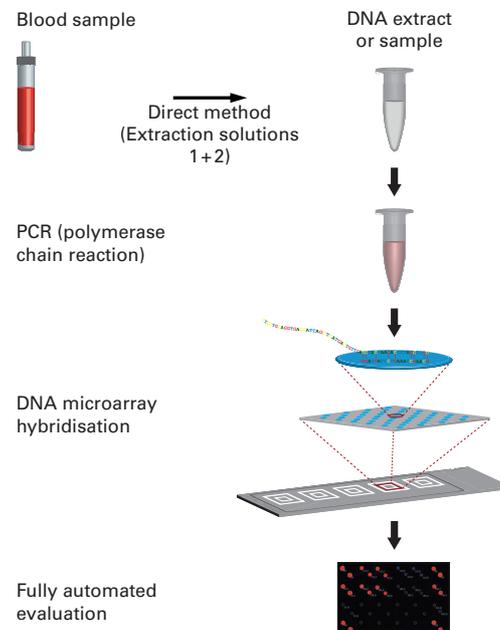
### Diagnostic application

The EUROArray APOE Direct allows fast and simple determination of the APOE gene variants  $\epsilon 2$ ,  $\epsilon 3$  and  $\epsilon 4$  in a single test. The direct method enables the direct use of whole blood samples and eliminates the need for time- and cost-intensive DNA isolation.



## Test principle

EDTA blood (direct method) or isolated genomic DNA from the patient are used as sample material. In the direct method genomic DNA from blood cells is prepared for polymerase chain reaction (PCR) by diluting the blood with the extraction solution provided in the test kit and incubating it for one minute. In the first reaction step, two sections of the APOE gene are amplified by PCR from the extract or, alternatively, from a genomic patient DNA sample. During their formation, both PCR products are labelled with a fluorescent dye. In the second reaction step, the PCR products are analysed using the microarray, which contains immobilised probes that are complementary to the amplified DNA. The specific binding (hybridisation) of the fluorescing PCR product to the corresponding microarray spot is detected using the EUROIMMUN Microarray Scanner. All spot signals are evaluated automatically using the EUROArrayScan software. For each parameter the genotype is deduced from the proportion of signals generated at the allele-specific probes.



## Test procedure

For direct use of EDTA blood, the sample is first incubated with extraction solution 1 for one minute and then extraction solution 2 is added. For PCR an aliquot of the extract or alternatively a purified DNA sample is mixed with the ready-made PCR reagents. The PCRs are incubated in the thermocycler and then, using the TITERPLANE technique, on EUROArray slides containing microarray BIOCHIPS. Scanning and evaluation are performed using the EUROArrayScan system (Microarray Scanner incl. EUROArrayScan software). This provides fully automated evaluation of EUROArray analyses and detailed documentation of results.

## Sensitivity and specificity

Specificity and sensitivity of the test system were determined with samples precharacterised using a molecular genetic method.

Reference samples	Reference method	Sensitivity with respect to the reference method	Specificity with respect to the reference method
71 EDTA blood samples from blood donors, Germany	molecular genetic	100 %	100 %
74 DNA samples from blood donors, Germany	molecular genetic	100 %	100 %

## Robustness

For 304 tested DNA samples, the determination was successful in all cases (100 %). For 301 analysed EDTA blood samples the determinations were also successful in all cases (100 %) using the direct method.

## Literature

1. Corder EH, Saunders AM, Strittmatter WJ, Schmechel DE, Gaskell PC, Small GW, Roses AD, Haines JL, Pericak-Vance MA. Gene dose of apolipoprotein E type 4 allele and the risk of Alzheimer's disease in late onset families. *Science*. 1993 Aug 13;261(5123):921-3.
2. Liu CC, Kanekiyo T, Xu H, Bu G. Apolipoprotein E and Alzheimer disease: risk, mechanisms and therapy. *Nat Rev Neurol*. 2013 Feb;9(2):106-18.
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4. Schaefer JR. Unraveling hyperlipidemia type III (dysbetalipoproteinemia), slowly. *Eur J Hum Genet*. 2009 May;17(5):541-2.